# Cooperation with the Professional Community

Workshop March 30 2019

Bill C

CPC Chair 2019-2021

Eastern Ontario International



## Agenda

- Welcome
- Who are the Professional Community?
- What AA is the Preamble in three parts
- What AA does
- What AA does not do
- What can we do? A time for sharing
- Pre-conference Input LinkedIn Page



### **CPC and Professional Communities**

...those who deal with problem drinkers in the course of their work



### CPC and Professional Communities





VOL. IV, NO. 1, JUNE, 1947. P. 0. BOX 328, GRAND CENTRAL ANNEX, NEW YORK 17. YEARLY, \$2.50; COPY, 250

The national monthly journal of Alcoholics Anonymous, devoted to those seeking further knowledge on the problem of alcoholism, with the hope that it will help all alcoholics everywhere. Individual opinions expressed here are not, necessarily, those of A.A. as a whole.

### Alcoholics Anonymous

Alcoholics Anonymous is a fellowship of men and women who share, their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is an honest desire to stop drinking. A.A. has no dues or fees. It is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, and neither endorses nor opposes any causes. Our primary purpose is to stay sober and to help other alcoholics to achieve sobriety.

The A.A. Program of Recovery is incorporated in The 12 Steps. The A.A. book of experience, Alcoholics Anonymous, and other literature, including The 12 Points of Tradition, are available through any group or the Central Office, P.O. Box 459, Grand Central Annex, New York 17, N. Y.

#### What is the Preamble?

- Intended as a concise definition of AA A
   Mission Statement
- First appeared in the Grapevine in June 1947
- Written by Tom Y
- Updated in 1958 to remove the word "honest"



### The Preamble – a consideration in 3 Parts

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes.

Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.



### Part 1

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism



### Part 2

The only requirement for membership is a desire to stop drinking.

There are no dues or fees for A.A. membership; we are self-supporting through our own contributions.

A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes.



### Part 3

Our primary purpose is to stay sober and help other alcoholics to achieve sobriety



### What Does A.A. Do?

- We offer a Twelve Step program of recovery
- Groups put on A.A. meetings
- A.A. members share their experience
- Local committees carry the A.A. message



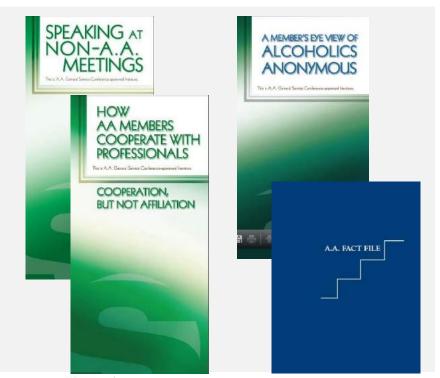
### What AA does Not Do

- Solicit members
- Make medical diagnoses
- Provide hospitalization or drugs
- Keep attendance records/case histories
- Offer religious services
- Address prevention, treatment, advocacy or legislation



# Getting Started in C.P.C A Few Suggestions

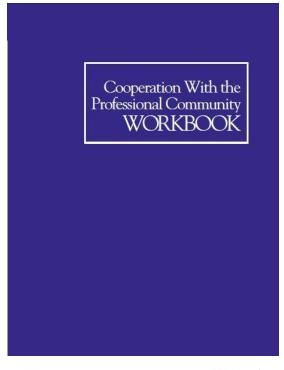
- Speaking at Non-A.A. Meetings
- How A.A. Members Cooperate with Professionals
- A Member's- Eye View of A.A
- A.A. Fact File





# C.P.C. Kit and Workbook are very useful!

#### CONTENTS OF C.P.C. KIT A.A. Fact File CFC Power Point Presentation\* C.P.C. DVD\* For volunteers staffing an A.A. exhibit (Flyer)\* WORKBOOK: CFC Workbook (m-411) A.A. GUIDELINES: Serving Alcoholics With Special Needs Cooperation with the Professional Community Cooperating with Court, D.W.I. and Similar Programs For A.A. Members Employed in the Alcoholism Field (MG-11) (MG-5) (MG-10) Relationship Between A.A. & Al-Anon Public Information S.A. DATE Shell Information Alcoholice Anonymous Information Alcoholice Anonymous Working with Students Attending Professional Schools\* Alcoholice Anonymous as a Resource For Drus & Alcohol Court Profe Suggestions for Using the A.A. Grapevine and La Viña as a Tool in Cooperation with the Professional Community Service\* (SMF-94) (F-2) (F-106) (F-190) (F-13) (F-36) (F-41) About A.A. Newsletter Current Box 4-5-9 CATALOGS/ORDER FORMS: Literature Catalog literature Datalog are or sale to CPC committees and contacts only. For information please contact cooling or the contacts only. PAMPHLETS: About A.A. Card\* How A.A. Members Cooperate with Professionals (F-23) (P-29) (P-34) (P-40) (P-43) (P-42) (P-41) (P-23) (P-26) (P-48) (P-54) (P-54) (P-54) (P-55) (P-56) (P-6) Let's Be Friendly With Our Friends Speaking at Non-A.A. Meetings The Twelve Traditions Illustrated Understanding Anonymity A Brief Guide to A.A. A Member's Eye View of Alcoholics Anonymous A Member's Eve View of Alcoholics Ancorymous. A.A. as a Recourse for the Health Care Professional A.A. in Correctional Facilities A.A. demberational Facilities A.A. Memberation Survey Alcoholics Annonymous in Your Community If You Are a Pricessional Is There an Alcoholic in the Workplace? Members of the Clerry aris About Alcoholics Anonymous Froblama Other than Alcohol. The A.A. Member - Medications & Other Drugs. Three Talks to Medical Societies by Bill W. "Item is not available on our Web site. Please contact cocidaa org if you have questions about this item.





# There are Sample Letters to Professionals

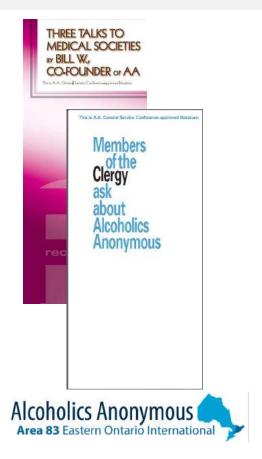
- Physicians, Police, Clergy and Legal in the CPC workbook
- Specific to their line of work and how we can assist them when dealing with alcoholics
- Additional sample letters included





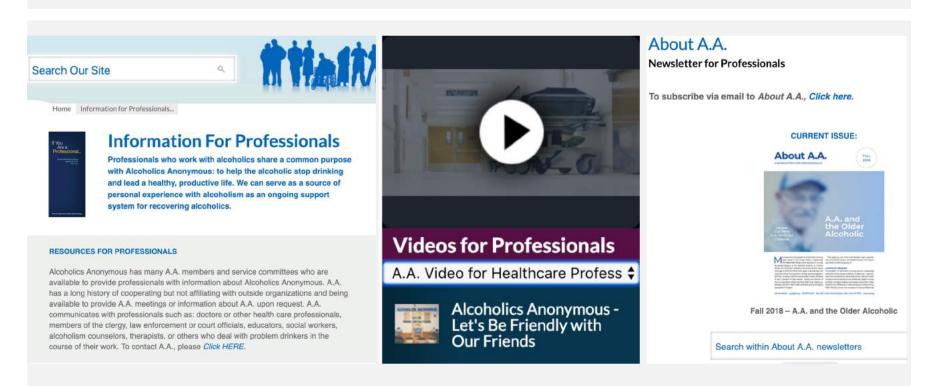
# Pamphlets are written for Professionals





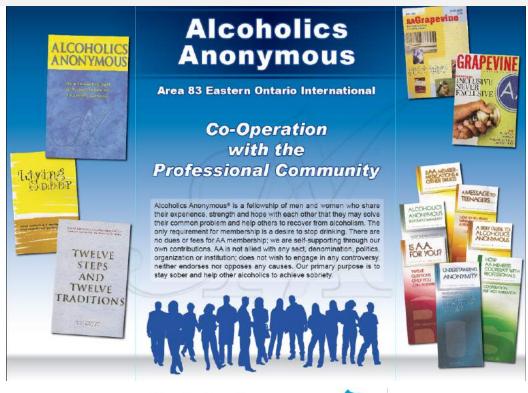


### Additional On-line Resources





# CPC Display is Available





# Some examples of C.P.C. In Action

- Pamphlets in Doctors' offices
- AA cards in holder
- Bring a Friend Night
- Presentations at Professional organizations
- Letters to Clergy



### How To Get Active in C.P.C.

- Talk to your Service Sponsor and G.S.R.
- Attend District meeting/ C.P.C. Intergroup
- Offer to help at conferences, presentations
- Familiarize yourself with C.P.C. literature and "Speaking at Non-A.A. meetings"





# A suggestion for Discussion

- We have 7 quarters left in Panel 69
- Would there be interest in a Webinar hosted once per quarter?
- Topics could include, for example
  - How do Districts and Groups approach Professionals
  - How to Carry the Message further a role for Group members
  - Examples by Districts of Presentations and Feedback



# Pre-Conference Input – LinkedIn Page for AA

#### What is LinkedIn?

- LinkedIn is the world's largest professional network with hundreds of millions of members, and continues to grow rapidly.
- LinkedIn's mission is to connect the world's professionals to make them more productive and successful.





# Pre-Conference Input

### **LinkedIn Page** - The consultant's recommendations include:

- Give a basic definition of what anonymity is and how that helps the client
- Leave out a contact phone number and only use a link to the professionals' page
- Use non- AA terminology in describing how AA works that are familiar to professionals
- Use AA and Alcoholics Anonymous as the page name, with a reference to AAWS as the page owner
- Use a logo/image that reflects a message that AA is clear, consistent, skilled, competent and qualified to be doing what it does; and to not use the blue people logo, which is not widely recognized outside of the website and does not send this message



# Pre-Conference – LinkedIn Page

- Use materials that professionals can benefit from; it is beyond the scope, and not audience-specific, to highlight the Big Book or Twelve & Twelve (for example)
- Focus on using positive language that invites and gets people interested, so they will want to learn more. Be careful using phrasing surrounding "what AA does not do" because it is not inviting and can be off-putting
- Include audience page testing in the roll out plan and invite a group of professionals from a wide cross-section of backgrounds to review and discuss the page

